



Sheep River HEALTH TRUST

Healthy Developments

August 2026 Edition 15

The Board of Trustees Welcomes Some Fresh Faces

At this year's AGM the Sheep River Health Trust had much to celebrate. We are especially excited to welcome our new Board Chair, Natasha Phillipson. Natasha has been an active board member for over a year and has now taken on Board Chair. She has vast experience in the volunteer sector working at the "Millarville Racing and Agricultural Society" for many years, "No One Dies Alone" and many more organizations across the country. As a retired RN, Natasha understands the challenges of the health care system in our communities. We look forward to her continued enthusiasm and compassion for those in need.



Natasha Phillipson, Board Chair

We are also fortunate to have two other new board members join us this year: David Moss and Andrea Taylor. Check out the "About Us" section at sheepriverhealthtrust.ca for more about our Board.

**Interested in joining
our Board?
Call us at
403-995-5400**

Radiothon - The Giving Continues



Harrison Ward with mother at Radiothon in Okotoks.

The 13th annual Radiothon was a huge success as the community helped us raise \$100,000.00! We want to thank everyone who sponsored and donated this year. These funds will help support 9 organizations and 12 health & wellness projects right here in the Foothills.

Radiothon offers many opportunities to give during the day of the event. One of which is our Donation Station at the Okotoks Health and Wellness Centre.

I was so moved by one of our youngest donors, seven years old, Harrison Ward. I met Harrison back in April at one of the Optimist Club's Mentor Sessions for the Lemonade Day. Young entrepreneurs were encouraged to share their earnings from their lemonade stand with a charity of their choice. At the Mentor Session, Harrison ran up to my table and exclaimed, "I want to give all my money to Urgent Care!" He told me that he had hurt his head and needed stitches and they helped him out there. His mother told him that the Sheep River Health Trust raises money for the Okotoks Health & Wellness Centre.

On the day of Radiothon, Harrison visited our Donation Station to proudly donate \$50 from his lemonade stand. Thank you, Harrison. You definitely made a difference and I'm sure your family and community are very proud of you!

While June 18 seems so long ago, Radiothon donations are still going strong. Currently we have a Radiothon Westjet Raffle running until Aug. 28 at 12pm. The winner will receive a "gift of flight" voucher for two roundtrip tickets to anywhere that Westjet flies in the world. Tickets are 1 for \$25 and 5 for \$100. Scan the QR Code to buy tickets and win the trip of a lifetime! The winner will be notified on Aug. 31, 2026.



Looking Ahead...

As we look forward to September we have some exciting events.

Sunset Drive-in High River

For movie lovers mark your calendars because we will be volunteering at the Sunset Drive-in High River on Friday September 11. Bring a carload to enjoy "Kung Foo Panda" and "3 Ninjas". The first movie starts at approximately 8pm. Tickets are \$40 plus fees and taxes. All proceeds that night go to the Sheep River Health Trust. To buy your tickets visit: <https://www.sunsetdriveinhighriver.com/>
Don't forget the popcorn!

The Season of Giving

While September seems early to be thinking about Christmas, we at the Trust need to start preparations in Fall to make some magic for our Season of Giving events.

The Avenue of Trees

Each year businesses and service organizations donate a tree with decorations to create an incredible display of Christmas Trees. These trees are then given to a person/family in need before Christmas.

Get a group of your friends or colleagues together and join us for an exclusive decorating party in November. There will be hot chocolate, cookies, Christmas music, ribbons and prizes for our tree decorators. Don't throw the same old Christmas party, join ours instead! For more information about decorating or sponsoring a tree call 403-995-5400.

Photos with Santa

Last year we had approximately 800 families visit with Santa. This year we will continue the tradition starting the middle of November. Keep an eye on your email for registration dates.

Light Up Okotoks – Flip the Switch

This year “Light Up Okotoks” is scheduled for Friday November 20. The Sheep River Health Trust would like to give a child the chance to be at the centre of the festivities and light up the Town Christmas Tree.

How? Buy a ticket for the Sheep River Health Trust “Flip the Switch Raffle” and the winner gets to choose a child under the age of 17 to have the honour and excitement of going on stage to light the Christmas Tree while Santa and the Grinch cheer them on! Tickets will be available in October.

Breakfast with Santa

Is back on Saturday December 12. We may even have a visit from a certain green, mischievous visitor!

For information about any of our events, visit sheepriverhealthtrust.ca and go to: “fundraising+events+programs”