



IMPACT REPORT



2024-2025

To learn more go to
www.sheepriverhealthtrust.ca

MESSAGE FROM OUR **BOARD CHAIR**

As the warmth of summer gives way to the crisp embrace of fall, I am once again filled with gratitude and pride as I reflect on the incredible journey we've shared over the past year. Serving as the Board Chair of the Sheep River Health Trust continues to be a profound honour—one that inspires me daily to help advance our mission of changing lives through wellness.

A heartfelt thank you goes out to our Health Champions: Okotoks Sobeyes, Anthem, Partners Development Group, Okotoks Ford, and Century 21 Foothills Real Estate. Your continued support is a cornerstone of our success and a testament to the power of community partnership.

This year, I want to shine a light on one of our most meaningful Community Care Programs—the Spiritual Care Program and Chaplain. This initiative provides tender, loving care to individuals and families in our community who are experiencing pain—whether of the heart, body, or soul. It reminds us that healing is not only physical, but also emotional and spiritual. Everyone deserves compassion and support during life's most challenging moments.

When I first discovered the Sheep River Health Trust, I was deeply moved by its commitment to our community's well-being. That commitment has only grown stronger, and its ripple effect continues to touch lives across every age, background, and circumstance. From promoting healthier lifestyles to enhancing access to essential care, the Trust embodies the values I hold dear.

Though we live in a small community, our spirit of generosity knows no bounds. We are deeply grateful for your donations and for those who contribute as monthly Health Heroes—you make it possible for us to fulfill our mission. Together, we are building a brighter, healthier, and more compassionate future for the Foothills.

With heartfelt thanks,
Dana Johnson
Board Chair, Sheep River Health Trust



Dana Johnson
Board Chair

THE HIGHLIGHTS



\$516, 376.60

Raised



382

Individual and corporate donors

32

Projects Funded to 5 Pillars of Support:

- Medical Equipment
- Community Care Programs
 - Seniors
 - Children & Youth
 - Families



91

Volunteers contributed

1, 765 hours

WHO ARE OUR DONORS?



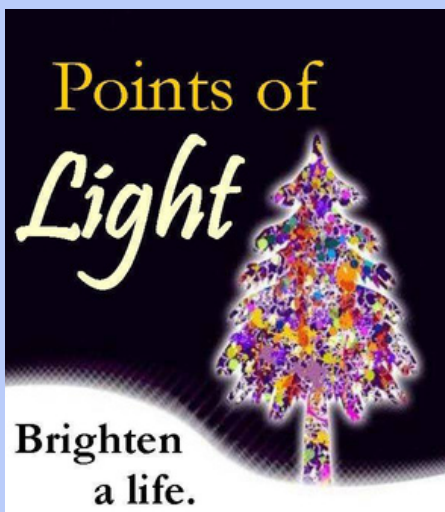
46

Health Heroes

Radiothon Donors:

59 Individual
&

30 Corporate



45 Annual Campaign
&

45 Points of Light Donors

109

One-time Donors

31

Memorial Donors

FUNDRAISING & EVENTS

The Memory Workshop

The Sheep River Health Trust held a full day Memory Workshop at the Okotoks & District Seniors Club. The event was sold out with 60 people in attendance. Topics included learning about memory issues that may require help.

Photos With Santa

Photos with Santa has become a beloved holiday tradition. Located at the Best Western Plus Okotoks Inn and Suites, guests interacted with Santa during their pre-booked photo session. Each group then received a unique code and a link to access their photo gallery where they could download multiple photos.

Avenue of Trees

Located at the Best Western Plus Okotoks Inn & Suites, ten trees were decorated and donated by various service clubs and businesses to be put on display for the community to enjoy in November and December. Each tree was sponsored and then just before Christmas, delivered to a family/individual in need of a Christmas Tree.

Points of Light

A "Point of Light" is someone who was publicly honoured when a donation was made to the Sheep River Health Trust in their name. The loved ones were recognized by having their name published in the Western Wheel in January.

Breakfast with Santa

Santa joined us at the Best Western Plus Okotoks Inn & Suites to visit with children & families while they enjoyed a hearty breakfast, had their faces painted and got glitter tattoos.

The Okotoks Hot Chocolate Festival

In February, Tribal Connections Market participated in the Hot Chocolate Festival. \$1 from the sale of every Hot Chocolate was donated to Sheep River Health Trust.

COBS - Dough-Nation Day

COBS Centennial Village held a month long fundraiser where customers made donations with their purchases at the till. It concluded with Dough-Nation Day where COBS donated \$2 from the sale of every package of cross buns.

FUNDRAISING & EVENTS

Diamond Valley Parade & Market

For the first time, the SRHT took part in the Diamond Valley Market on June 7 at Millenium Park. By engaging the public in a free prize winning game we promoted the Trust and upcoming Radiothon to approximately 2100 visitors.

Radiothon - 12th Annual "Together We Make a Difference"

In partnership with The Eagle 100.9FM, we broadcast live for 9 hours to fundraise for health & wellness projects in the Foothills. Donation Stations at the Okotoks Health & Wellness Centre as well as Rona Black Diamond helped us raise over \$100,000 for the first time in the history of the event.

PROGRAMS

Spiritual Care Program

This program is vital to delivering comprehensive, patient-centered care that acknowledged and addressed the spiritual dimensions of health and healing with assistance from the Chaplain and Spiritual Care Volunteer Team.

School Meal Program

This program addresses concerns about children attending school hungry. The Sheep River Health Trust has expanded its support from 4 to 12 elementary and high schools. To date, the program has provided over 600,000 meals and snacks.

Music Enrichment Program

Music enrichment provided by a local musician helped seniors enhance their memory and cognitive skills. The program was delivered at the Rising Sun Long Term Care and 5 Adult Day Support locations.

Community Art Program

Throughout the year, local community artists submitted their original art work to be displayed and sold at the Okotoks Health & Wellness Centre. 20% from the sale of each piece was donated back to the Sheep River Health Trust.

In Memorial

Making a memorial donation is an opportunity to pay tribute to someone who touched your life in a significant way. Planned giving was arranged through securities, bequests, endowments and life insurance.

Where did your Donations go?

2024-2025



Community Care Programs

Meals on Wheels

Solace Grief Support: Grief
Counselling for all Ages

AHS Staff Education Bursaries



Spiritual Care Program
and Chaplain

Orenda Society: Curriculum for Social-Emotional
and Mental Wellbeing

Capital Project

DR Upgrade - Diagnostic Imaging
at Oilfields General Hospital

Seniors

"Music in the Foothills" Music Enrichment Program

Adult Day Support Program

Rising Sun Long-Term Care: Recreation Therapy
Program & Window Coverings

Oilfields General Hospital Palliative Care
Room Upgrades

Families

Addiction and Mental Health:
Psychiatric Assessment Guide

Rural Pediatric Allied Health: Staff Education

Oilfields General Hospital: Patient and
Family-Centered Care Committee

Helping Families Handle Cancer: Family Care Program

KidSport Okotoks

Children & Youth

KidSport Okotoks

It Takes a Village Community Foundation:
Baby Home Safe

School Meal Program: Serving over 25,000 breakfasts
and lunches at 12 schools

Post Secondary Science
Studies Bursaries for
High School Students



Medical Equipment

Bladder Scanner

Vital Signs Machine

IV Cart

Slit Lamp

Medela Symphony Breast Pump x2



Adult Airway Management Trainer

Infant CPR Mannequin

Liquid Nitrogen Pen x2

Portable Blood Pressure Machine x2

Foothills Search & Rescue