



IMPACT REPORT



2022/2023

To learn more go to
www.sheepriverhealthtrust.ca

MESSAGE FROM OUR BOARD CHAIR

As Summer moves into Fall, I wanted to take a moment to express my heartfelt gratitude for the opportunity to serve as the incoming Board Chair of the Sheep River Health Trust. It is an honor and privilege to be entrusted with this role, and I am committed to contributing my best efforts to advance our shared vision - changing lives through wellness.

When I first learned about the Sheep River Health Trust and the vital work it does for our community, I was genuinely inspired. The Trust's unwavering dedication to ensuring the well-being of our community struck a chord with me on a personal level.

What truly resonates with me is the broader impact that the Trust has on our community as a whole. The tangible improvements it brings about touch the lives of every individual, regardless of age, background, or circumstance. From promoting healthier lifestyles to enhancing access to essential healthcare resources, the Trust's initiatives create a ripple effect that permeates every corner of our community. This commitment to improving our community for all embodies the values that I hold dear and is a driving force behind my dedication to this role.

On behalf of our Board members, I would like to extend our heartfelt gratitude and appreciation to Tania Willumsen as she steps down as Board Chair. Tania's dedicated leadership, unwavering commitment, and visionary guidance have been instrumental in shaping the success and growth of the Trust. Her efforts have not only driven us toward our goals but have also inspired all of us to strive for excellence. We are immensely grateful for Tania's time on the Board, knowing that her impact will be felt for years to come.

As we embark on this journey together, I am excited about the possibilities that lay ahead. We may live in a small community, but our spirit of generosity is large. We are immensely grateful for the support of your donations and for being a monthly Health Hero - you make it possible for us to meet our mission as a nonprofit organization working to promote health and wellness in the Foothills. Together, we can build a brighter and healthier future for our community.



Dana Johnson
Board Chair

THE HIGHLIGHTS



\$464,028.54

Raised



404

Individual and corporate donors

26

**Projects Funded to 5 Pillars
of Support:**



- Medical Equipment
- Community Care Programs
 - Seniors
 - Children & Youth
 - Families



112

Volunteers contributed

2,013 hours

WHO ARE OUR DONORS?

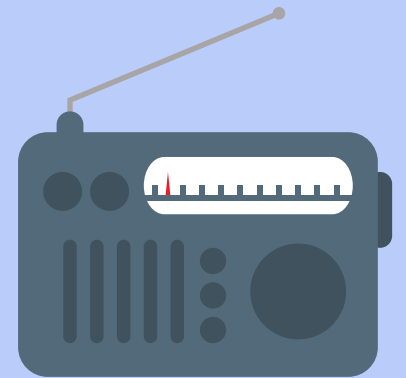


58

Health Heroes

86

Radiothon Donors



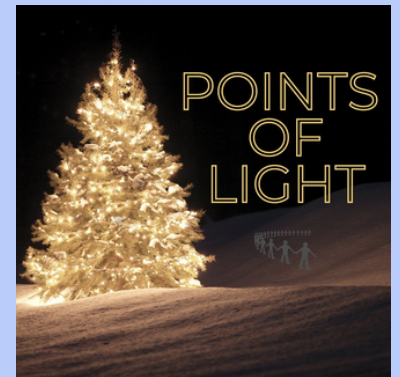
22

Photos with Santa and
Tree Sponsors



80

Annual Campaign/
Points of Light Donors



132

Greatest Needs Donors

26

Memorial Donors

FUNDRAISING EVENTS

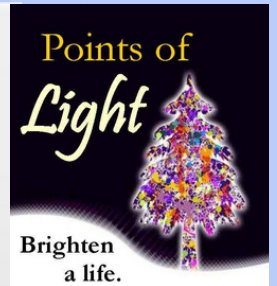


Flip the Switch Raffle

Starting November 1, buy a ticket in the "Flip the Switch" Raffle. The winning ticket owner has the opportunity to designate a child or youth of their choice, 17 years of age or younger, to "flip the switch" lighting the Christmas Tree for Light Up Okotoks.

Points of Light

Remember a loved one. Welcome a new baby. Thank someone special. Share as a Christmas gift. Your "Point of Light" is honoured by making a donation to the Sheep River Health Trust. Names appear in the Western Wheel to recognize the honourees.



Photos With Santa

Photos with Santa have become a beloved holiday tradition, sparking joy and wonder with each visit to Santa's village. Located at the Best Western Plus Okotoks Inn and Suites, guests interact with Santa during their pre-booked family photo session. Each family receives a unique code and a link to access their photo gallery where they can download up to 30 photos.

Avenue of Trees

The Avenue of Trees bring the magic of the holiday season into the hearts and homes of residents here in our Foothills communities. Located at the Best Western Plus Okotoks Inn and Suites, 30 fully decorated trees showcase a winter wonderland thanks to the generosity of our Tree Decorating Sponsors.



Doll House Raffle

Amanda May from AHS built a doll house from scratch and kindly donated it to us as a prize for a raffle. This gorgeous doll house was on display at the Okotoks Health & Wellness Centre. The winner surprised her 11 year old daughter with the doll house as an early Easter gift.

Radiothon

In partnership with The Eagle 100.9FM, we broadcast live for 13 hours to highlight health & wellness projects throughout the Foothills and interview the sponsors that support them. There is also a Block Party onsite with vendors and food trucks.



Community Care Programs

Spiritual Care Chaplain and Program

Solace Grief Society

Foothills Community Counselling

Inclusion Foothills

Volunteer Driver & Emergency Support Program

Okotoks Family Resource Centre

Patient and Family Centered Care

Volunteer Service Appreciation

Families

Baby Home Safe

It Takes a Village Community Foundation

Helping Families Handle Cancer

Rowan House

Children & Youth

School Meal Program

Serving over 19,200 breakfasts & lunches at 12 schools in the Foothills every year.

Post-Secondary Science Studies Bursaries for High School Students

Orenda Society

Boys Mental Health Summit

Rural Allied Health Paediatric Health

Seniors

Ceiling Lifts for 7 rooms at Oilfields General Hospital

HOME Project Common Room Television at Rising Sun Long Term Care

Broda Chair x2

Adult Day Support Program

Multi-Sensory Equipment for Dementia patients

"Keeping the Music On" Music Therapy Program

Therapy Garden - Pergola Shades at Rising Sun Long Term Care



Medical Equipment

Wall Mounted Vital Signs Machines x7

Sure Temp Thermometers

Ergo XR2 Medical Imaging Chair x2

Armstrong Airway Cart for Trauma Room

Baby Scales

24Hr Blood Pressure Monitors x2

Blanket Warmer

Derm Dessicator