

Healthy Developments

March 2024 Volume 5

Foothills Energy Co-op Donates to Safeguard Our Youngest Community Members

Foothills Energy Co-op has been working closely with the Sheep River Health Trust to purchase some much needed equipment. In January, a donation of \$4,772 was made so that the Oilfields General Hospital



could purchase four SureTemp Pediatric Thermometers.

Nurses see over 500 infants a year in the Foothills, and the thermometers are critical pieces of equipment. Accurate temperature readings are critical in providing appropriate care for newborns.



Tribal Connection Market Heats Things Up for Charity

February 7-17th marked the 5th year of the annual Okotoks Hot Chocolate Festival. Participating businesses were encouraged to raise funds for a local charity. Tribal Connection Market chose the Sheep River Health Trust. For every hot chocolate sold, \$1 went to the Trust. Their Strawberry Rose Hot Chocolate was a hit and they raised \$244 for us. Many thanks to Wendy and Jodi of Tribal Connection Market.

Cobs "Dough-Nation Day" Rises to Support Health & Wellness in the Foothills

While Cobs has been a longstanding member of the Okotoks community, Daisy Sangha is a new franchisee who is looking to make a difference by raising funds for health and wellness in the Foothills. Every owner of a Cobs Bakery gets to choose a charity to fundraise for in February. Daisy chose the



Sheep River Health Trust because of her previous experience as a nurse and her firsthand knowledge of the need for local health and wellness resources. Customers donated various amounts at the till for the entire month.

Their fundraising efforts came to an exciting finish on March 2 - "Dough-Nation Day". Cobs donated \$2 from the sale of every pack of Hot Cross Buns to Sheep River Health Trust. In total they raised over \$3,500 for us during February and on Dough-Nation Day. We are grateful to Cobs Centennial Village Bakery, Daisy and her staff for their generous support.



Update 2024

SAVE THE DATE! This year Radiothon will be on *Thursday June 20* from

9am to 6pm. You can listen to 100.9fm, The Eagle or join us onsite at 22 Elizabeth St for the Block Party of the year!

In preparation for Radiothon, we are busy reviewing applications for the Radiothon Community Organizations Grant. The funds raised from Radiothon go towards community projects and medical equipment that benefit the health and wellness of the Foothills.

Stay tuned for your opportunity to sponsor Radiothon. We will be sending out Sponsorship Packages at the end of March.

Upcoming Events

Annual General Meeting – Tuesday May 14, 5pm at the Okotoks Public Library

Many thanks to our Health Champions...











Sheep River Health Trust

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