



Sheep River HEALTH TRUST

Healthy Developments

June 2023 Volume 2



On **June 22**, tune into the Eagle 100.9FM station, and help us raise **\$75,000** for some incredibly important health and wellness projects in our community.

This year we are supporting these organizations and projects:

- Foothills Community Counselling
- It Takes a Village Community Foundation, Baby Home Safe
- Orenda Society, Boys Move your Mood Summit
- Solace Grief Support
- Helping Families Handle Cancer
- Okotoks Family Resource Centre, Volunteer Driver & Emergency Support Programs
- Foothills Family Medical, Derm Desiccator & 24HR Blood Pressure Monitor
- Inclusion Foothills, Go Team Gen Z

How can you help?

On June 22nd call **403-995-5400** or text **HEALTH** to **20222** to donate! For each \$25 donation, you will receive an entry for the hourly prize draw.

Visit our charity BBQ at the **RONA** in Black Diamond from 10am-3pm! Hot dogs and a drink for \$5.

Stop by the **Eagle 100.9FM** parking lot (22 Elizabeth Street) and enjoy one of the delicious **Food Trucks!** 10% of proceed are donated to SRHT.

Help us celebrate our 10th Anniversary with a special cake cutting at **2:00pm** with Okotoks Mayor Tanya Thorn.

Sheep River
HEALTH TRUST

Radiothon

June 22, 2023
It's Our 10th Anniversary!

On air & on-site from 6am - 6pm

Food Trucks

Hourly Draws for Prizes!

Previously Funded Project Displays

Vendor Market

The EAGLE
100.9 FM

Call: 403-995-5400
to make a donation!

Together We Make A Difference

On June 22nd, visit one of our amazing partners:

1. **Sector 6 Supplements:** For the month of June, try one of their delicious protein shakes! Proceeds donated back to SRHT.
2. **Big Beaver Brewing:** For the entire month of June, grab a pint of their lager or amber lager. \$1 from each will be donated back to SRHT.
3. **Sobeys Okotoks:** While you pick-up your groceries a \$2 donation can be added to your purchase at the till from June 17-24.

JOIN US FOR A

B.B.Q



Okotoks *Sobeys*

SATURDAY JUNE 17TH, 2023
10:00 AM - 4:00 PM

\$5 FOR SMOKIE, DRINK & SIDE.
HELP US REACH OUR GOAL OF RAISING \$75,000 FOR
HEALTH AND WELLNESS INITIATIVES IN OUR COMMUNITY!



Doll House for a Cause

Thank you for everyone who bought a ticket for our **Doll House Raffle**. Winner Laura Daw surprised her daughter Isobel with the amazing prize.

Thank you again to Amanda May who lovingly created the house and donated it to the Trust!



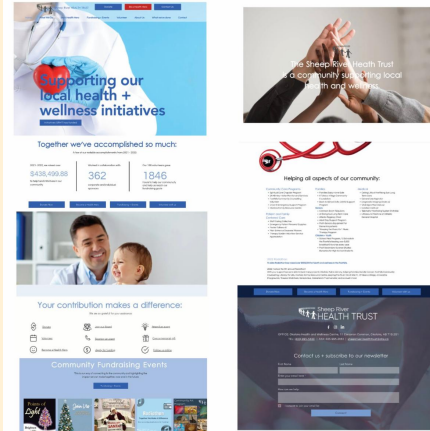
www.SheepRiverHealthTrust.ca

Our newly updated website launched in May!

Thank you so much to Julie Boake at

Awedity Creative - you so perfectly captured our mission and goals as we continue to support Health & Wellness in the Foothills.

Be sure to visit to see all of our upcoming events, as well as to subscribe to our newsletter, learn about volunteering or make a donation!



[Visit our Website](#)



Thank you to our 2023 Health Champions.



Sheep River Health Trust
403-995-5400
sheepriver.healthtrust@ahs.ca www.sheepriverhealthtrust.ca

Follow us for the most up-to-date information!



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