



Sheep River HEALTH TRUST

Healthy Developments

February 2026 Edition 13

Wrapping Up the Season of Giving

With frigid temperatures sweeping through Southern Alberta it's easy to think back to early Winter and last year's Season of Giving events. We want to thank the community for their overwhelming response and participation in the Avenue of Trees, Photos with Santa and Breakfast with Santa.

Once again, we would like to thank the Best Western Plus Okotoks Inn & Suites for their support and hosting us as the Christmas hub of Okotoks!

Look for our email in the Fall to book your session for Photos with Santa 2026!

Cobs Till Fundraiser & Dough-nation Day

We are so fortunate that for the past two years, Cobs Centennial Village Bakery chose the Sheep River Health Trust as their charity of choice. Every year Cobs holds a Till Fundraiser for an entire month where customers can donate by adding to their total at the till. The month ends with a cross Canada celebration called Dough-nation Day where for every pack of cross buns purchased, Cobs will donate \$2 to the Sheep River Health Trust.



Cobs Centennial Village Bakery is running their month-long fundraiser from Feb. 7 – Mar. 6. Dough-nation Day takes place on Mar. 7.

Last year the fundraiser was so successful that Cobs and the community raised over \$3,100. These funds were used to purchase an Adult Airway Trainer and Infant CPR Mannequin for the Okotoks Health and Wellness Centre. This equipment allows doctors and nurses to stay current on life saving techniques in the Urgent Care.

Thanks again to Cobs Centennial Village Bakery for all your support!



Radiothon - Tune in for Health & Wellness

The Sheep River Health Trust is holding the 13th annual "Together We Make a Difference" Radiothon. Save the date and tune in to the Eagle (100.9FM) on **Thursday June 18 from 9am – 6pm**. We will have Donation Stations at the Okotoks Health & Wellness Centre and RONA Black Diamond.

The unique aspect of the Sheep River Health Trust is that we can fund projects outside of AHS with a health and wellness focus. According to Andrea Mitchell, Executive Director of the Sheep River Health Trust, "Radiothon first began as a community project that supported the construction of the High River Community Cancer Centre."

Since then, Radiothon has raised enough funds to support as many as nine community projects per year. Each grant recipient has a different approach to supporting health & wellness. The projects range in scope and include mental health, physical health and child & family support to name a few.

We are currently accepting applications for the Radiothon Community Grant. The ***deadline for not for profits to apply is Monday March 4 at 12pm***. To apply, visit sheepriverhealthtrust.ca for more information.

Interested in sponsoring? Look for our [***Sponsorship Package in your email at the end of March.***](#) Feel free to call us at 403-995-5400 to discuss how you and your business can take part in Radiothon. We have many benefits for our generous partners.

Every year we look forward to bringing people together to fundraise and learn more about how donations benefit the health and wellness of the Foothills Community. Anyone can take part in Radiothon and no donation is too small. Besides visiting a donation station or calling in, you can also [***donate online***](#) from now until the end of June at [***https://www.canadahelps.org/en/dn/143685***](https://www.canadahelps.org/en/dn/143685)

New to Radiothon? [***Listen to the Eagle from June 15 – 17***](#) to hear from our [***Grant Recipients and their clients***](#) about the amazing programs and services that are funded by Radiothon and the impact they have on our community.

Spotlight on 2026 Funding Priorities

Welcome to our new feature!

In upcoming editions of Healthy Developments, we will be highlighting current projects that are part of our funding priorities for 2026.

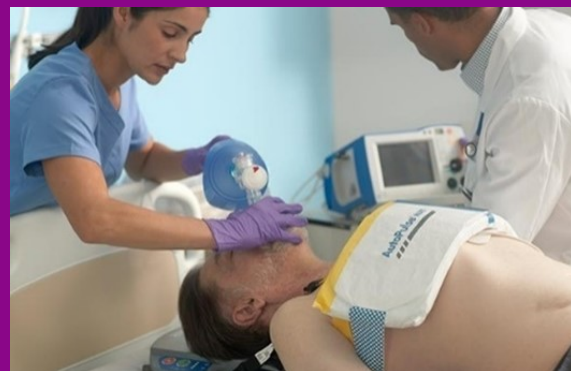
When a community invests in care, everyone's health grows stronger.

Every day, families in our community rely on Oilfields General Hospital and the Okotoks Health & Wellness Centre for care, comfort, and hope. Your donation helps ensure that life-saving equipment is available, services are expanded, and patients receive the attention they deserve—right here, close to home.

With your support, we can make a real difference in people's lives. Join us in funding these essential 2026 projects & be part of a legacy of care for generations to come.

AutoPulse NXT Oilfields General Hospital \$36,287.04

In a heart emergency, every second matters. Normally, it takes six people to provide continuous chest compressions—but in rural hospitals, there may only be a few nurses and one doctor. The AutoPulse NXT gives patients a



better chance to survive by delivering steady, high-quality compressions automatically. This allows staff to focus on other urgent tasks, like administering medications or monitoring vital signs.

To learn more about these projects or explore ways to get involved, please contact the Sheep River Health Trust at 403-995-5400 or sheepriver.healthtrust@ahs.ca

partners
Development Group

sobeys

Anthem 

21

CENTURY 21
FOOTHILLS REAL ESTATE

OKOTOKS

LINCOLN

Sheep River Health Trust
403-995-5400

sheepriver.healthtrust@ahs.ca/sheepriverhealthtrust.ca

Follow us for the most up-to-date information!



Sheep River Health Trust | 11 Cimarron Common | Okotoks, AB T1S 2E9 CA

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!