



Sheep River HEALTH TRUST

Healthy Developments

November 2025 Edition 12

It's hard to believe, but there is only six weeks until Christmas!

We have been busy coordinating various fun and magical events

sure to boost your Christmas spirit. We are grateful to be of

service to the Foothills and wish you and your family

a happy and healthy Christmas!



Photos with Santa!

Nov. 15 - Dec. 18, 2025

\$55 per session



The Best Western
Plus Okotoks
Inn & Suites
100 Southbank Road,
Okotoks, AB T1S 0N3

To book visit:
bookwhen.com/2025-photos-with-santa

Photos with Santa is Back with a NEW Set!

Once again Santa is coming to visit with families and friends to hear all your Christmas wishes!

From Nov. 15 – Dec. 18, we are returning to the Best Western Plus Okotoks Inn & Suites Hotel and will be in the Summit Room.

Photos with Santa is a unique experience offered by the Sheep River Health Trust that includes a professional photographer in a festive environment, capturing your family's visit with Santa. We can accommodate large groups up to six people and take thirty shots during your session that can be downloaded to a personal device.

We are excited to announce that this year we have a **NEW SET!** Welcome to a frosty winter wonderland with snowflakes, an icy blue backdrop with shimmering lights, snowy flocked trees with blue and silver ornaments, and of course our jolly old Saint Nick perched on a white wooden bench waiting to greet you.

Click here to book your session!

Breakfast with Santa and a Grinch Too!



This is an amazing event and fun for the entire family! On Saturday Dec. 13 join us at the Best Western Plus Okotoks Inn & Suites from

10am – 11:30am. Breakfast is served while Santa pays a visit to each table to meet with all the good boys and girls one on one.

This year Santa is bringing a guest! The Grinch will be there in all his mischievous glory to entertain us and also meet guests.

Besides the meet n'greet with Santa and the Grinch we will have face painting and glitter tattoos and new this year is a gingerbread cookie decorating table.

Breakfast includes: sausage, hash browns, French toast and a yogurt parfait bar to make your own treat!

Tickets are \$25 for adults and \$20 for children.

[Click here to buy tickets!](#)

Light Up a Christmas Tree and a Child's Smile with Flip the Switch

Nov. 21 marks the fifth year of "Flip the Switch" by the Sheep River Health Trust and has become a treasured part of Light Up Okotoks.

Surrounded and cheered on by Santa, City Council and the crowd, a special metal switch that lays on top of a podium is "flipped" to trigger the lights and turn on the Christmas Tree to officially launch the season!

In preparation for the event, a "Flip the Switch" Raffle is currently running until Nov. 19. Tickets are 1

The Foothills Lions Club and Sheep River Health Trust Want to Give You a Chance to Ride with Santa!

New to the Trust this year is a partnership with the Foothills Lions Club to become part of the festivities at Light Up Diamond Valley.

The Ride with Santa Raffle is now currently on until Dec. 2.

The winner of the raffle will choose a child to ride with Santa around town in a fire truck during Light Up Diamond Valley on Saturday Dec. 6.

for \$5 and 5 for \$20 and purchased online.

The winner of the raffle will choose a child who will "Flip the Switch" and light up the Christmas Tree at Light Up Okotoks on Nov. 21.

[Click here to buy tickets!](#)

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The Avenue of Trees – Decorating and Donating for Christmas Spirit

Visit the beautiful trees in the Ballroom at the Best Western Plus Okotoks Inn & Suites starting Nov. 17 – Dec. 14.

As part of an annual tradition, the public will have a chance to vote for their favourite tree onsite in the Ballroom and on Facebook. The tree with the most votes will be awarded the coveted Avenue of Trees Fan Favourite Trophy, and its decorators will receive a gift card from Okotoks Sobeys to donate to a charity of their choice. Visit Sheep River Health Trust on Facebook to cast your votes after Nov. 17.

On Dec. 17 all the trees will be delivered to a nominated family who is in need of a Christmas Tree to make someone's Christmas a little brighter.

[Click here to nominate a person or family!](#)

Points of Light Sign Up Day

The Points of Light Campaign was created to acknowledge and honour a loved one who has passed, welcome a new baby or to thank that special person who has had an impact on your life.

A "Point of Light" is usually submitted to the Sheep River Health Trust through mail, but this year we are also holding a "Points of Light" Sign Up Day at the Oilfields General Hospital on Tuesday Dec. 9 in the lobby from 9am – 3pm.

All Points of Light will be published in the Western Wheel in January 2026.
For more information visit www.sheepriverhealthtrust.ca

To register a Point of Light click here!



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